

# Introductory ONLINE-Workshop in Bartenieff Fundamentals

**Part 1: March 29 and 30, 2025** with Christel Büche

Focus: Developmental Patterns and Major Movement Themes of Bartenieff Fundamentals

**Part 2: April 5 and 6, 2025** with Eva Blaschke

Focus: Basic Six Exercises and Principles of Bartenieff Fundamentals

Each day from 10 am to 4.30 pm with 1 ½ hours break

Costs: Early bird until March 15, 2025: 190 €      After March 15, 2025: 220 €

The Bartenieff Fundamentals (BF) offer detailed insights into our own movement patterns and support us in everyday movement, dance technique and improvisation. The BF basic six exercises and six body organization patterns help us to find energy flow and connections in the body to support breathing, grounding, stability and mobility, as well as a clearer use of dynamics and space. This results in more ease and creativity in dance.

Registration: at Christel Büche, [c.bueche@t-online.de](mailto:c.bueche@t-online.de)

The binding registration by email is valid in connection with the payment of the course fees. In case of cancellation after registration, a processing fee of 15 € will be retained in any case.

The workshop (part 1 and 2) is a pre-requisite for the EUOLAB Certificate Program in Laban/Bartenieff Movement Studies. For more information: [www.eurolab-programs.com](http://www.eurolab-programs.com)

**Christel Büche** has a degree in Social Work and is a Dance Movement Therapist (BTD). She is educated in Modern Dance and is a Certified Movement Analyst (CMA) since 1993. She holds a certificate in Kestenberg Movement Profile (KMP) and has completed a Yoga teacher training. Since 1999 she is a faculty member of the EUROLAB Certificate Program and in the Dance Therapy training at the Tanztherapie Zentrum *Berlin* since 2000. She has also taught *LBMS* in the Master Degree Program in Dance Therapy at the University in Heidelberg and in DMT Training in Prague. She is an experienced dance movement therapist and has worked with different clinical populations. [www.christel-bueche.de](http://www.christel-bueche.de)



**Eva Blaschke** is a dancer, trapeze-dancer and dance teacher trained in Modern Dance/New Dance (USA), Laban/Bartenieff Movement Studies (CMA/Berlin), Contact improvisation, trapeze-dance (Clover Catskill) and Gyrokinesis. Since 1994 she is performing with different interdisciplinary Ensembles: Slices-Ensemble, Performancebühne Berlin, Global Water Dance Collective Berlin. Her main interest is the inspiring mutual dialog between live music, dance and special spaces. The site-specific work can be in a park, a water reservoir, an old church or railway-station or an old swimming-pool. In her teaching the focus is intensifying personal expressivity in dance technique or improvisation and connecting bodywork with dance on a deep level. This e.g. in the Laban/Bartenieff Certificate Program in Berlin, at the Institute for dance, theater and clownery in Hannover, the dance therapy training in Neuraum Berlin and core-motion Hannover and in a school for educators in Berlin. [www.evablaschke.de](http://www.evablaschke.de)

