

“MOVING IN RELATION -

Movement exploration and observation.”- an introduction to Laban Movement Analysis

This is a 5 days compact live-online course taught via Zoom (CET).

with

Susanne Montag-Wärnä

CLMA (Certified Laban/Bartenieff Movement Analyst).

When?

Wednesday, January 15th – Sunday, January 19th 2025

Wednesday-Friday: 6.30 p.m. – 21.00 p.m.

Saturday / Sunday: 10.00 a.m. – 12.30 p.m. (break) 2.00 p.m. – 5.00 p.m.

During these classes we are exploring and observing movement within the six categories of Body, Effort, Space, Shape, Phrasing and Relationship. As movement is complex, we are focusing on small entities of observation. We manage to get insights of different aspects of movement (e.g relationship to space) within the structured system of Laban Bartenieff Movement Analysis. Like this we will experience our movement preferences playfully and we learn to understand how movement is composed.

For Information on payment and registration please contact

susanne.montag-warna@laban-eurolab.org

